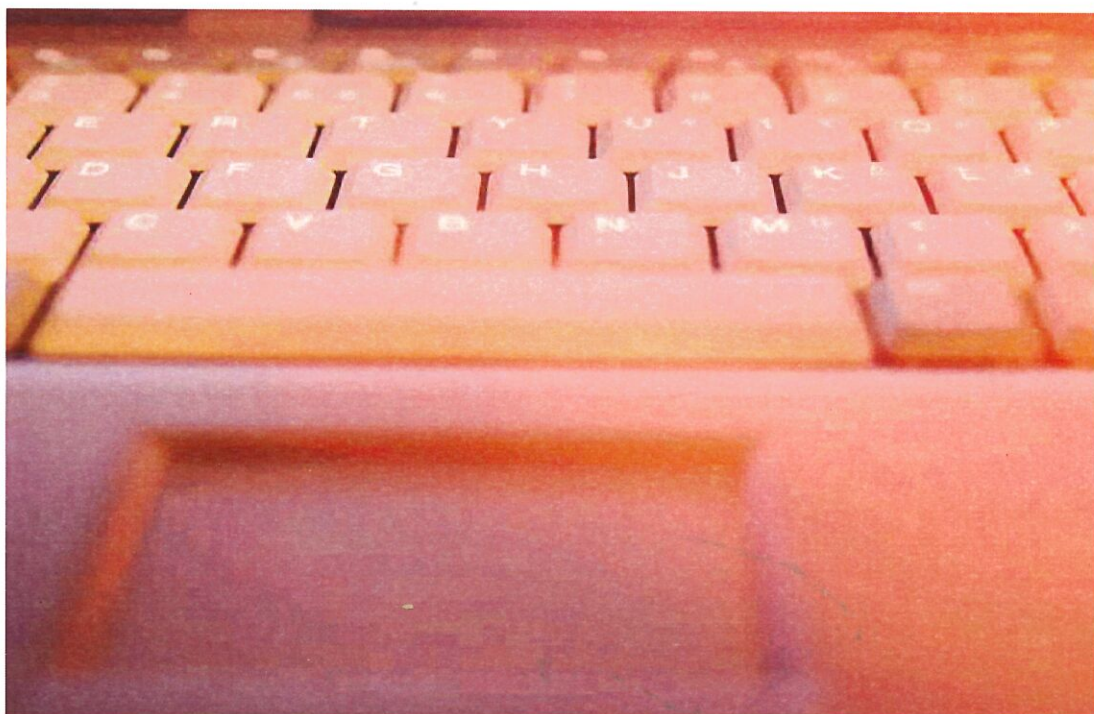




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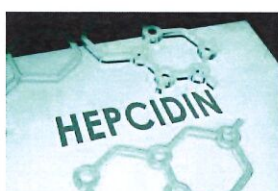
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It's all in the joints: Discover our newly updated **What is Psoriatic Arthritis?** leaflet. Including symptoms, causes, and treatments. Learn how early diagnosis and PEST can help you take control of your health.

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NHS overhaul to boost care: Prime Minister Keir Starmer has announced big changes to make the NHS work better for both staff and patients. These changes aim to cut down on unnecessary paperwork and allow more resources to go directly to patient care.

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Iron possibility: Iron is an essential trace element, not only for the circulatory system, but also for maintaining healthy skin, where it participates in many cellular processes, including collagen formation, wound healing, and normal immune function.

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- Raise awareness
- Fund critical research, *and*
- Advocate for better treatment options and support services.

Your donation can make a real difference in the lives of millions who are battling these conditions.

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The Psoriasis and Psoriatic Arthritis Alliance - PAPAA
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