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Brighter days ahead: As the days get longer and the evenings brighter, there's more than just a change in the weather to look forward to. For many people dealing with chronic health issues or tiredness, these longer days could bring real benefits.

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Yes Minister to AI: The UK government recently unveiled new AI tools nicknamed 'Humphrey', after the clever civil servant from the 1980s BBC comedy show 'Yes Minister'. Just as Sir Humphrey Appleby navigated bureaucracy with words, these AI tools aim to make government services smarter and faster.

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Squaring the circle of care: A recent study conducted in the U.S. sheds light on the differing priorities of people with psoriatic arthritis and the doctors who care for them. While both groups agree on the importance of managing key issues like pain, fatigue, and inflammation, the study reveals some notable differences in how they view the condition.

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